

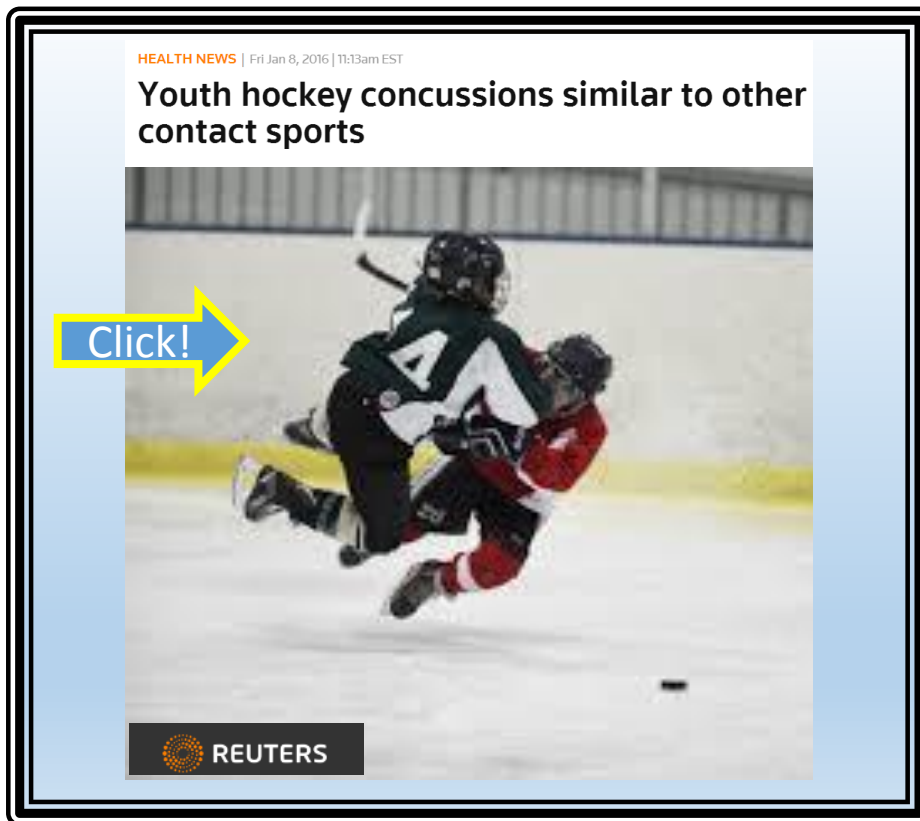


# Concussion Chronicles

Special Edition:

## March is Brain Injury Awareness Month

According to the Centers for Disease Control and Prevention, an estimated 3.8 million sports- and recreation-related concussions occur in the United States each year. Of that estimate, emergency rooms treat approximately 135,000 sports- and recreation-related traumatic brain injuries (TBIs), including concussions, among children ages 5 to 18.



*"A concussion is one of the most common sports-related brain injuries, especially for children and adolescents," says Dr. Jeffrey T. Barth, Ph.D., ABPP, a renowned expert in the field of brain injury with Virginia Neurocare. "Unfortunately, because the symptoms of a concussion may not appear immediately after the injury it can often go untreated. In some cases this can lead to more serious, long term effects and if an athlete returns to play prior to fully recovering they're at a higher risk for experiencing multiple concussions, which can lead to more severe and potentially catastrophic injuries."*

<http://www.neurorestorative.com/news/march-is-brain-injury-awareness-month>

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